

Spiritual Goals

Week 11:

Ephesians 5: 4 Neither filthiness, nor **foolish talking, nor jesting**, which are not convenient: but rather **giving of thanks**.

Goal: giving of thanks

Ask: “What does this mean to you?”

Definitions:

G3473-mōrologia- *silly talk*, that is, *buffoonery*:—foolish talking.

G2160-eutrapelia-from [G5157](#) (meaning *well turned*, that is, *ready at repartee, jocose*); *witticism*, that is, (in a vulgar sense) *ribaldry*:—jesting.

G433-anēkō-From [G303](#) and [G2240](#); to *attain to*, that is, (figuratively) *be proper*:—convenient, be fit.

G2169-eucharistia-From [G2170](#); *gratitude*; actually *grateful language* (to God, as an act of worship):—thankfulness, (giving of) thanks (-giving).

Key points:

What foolish talking or jesting do hear? Is it ever edifying or encouraging or is it usually negative, or sarcastic. If you don't like it done to you, why do you then perpetuate it? Look at Rom 1:21-Because that, when they knew God, they glorified *him* not as God, neither were thankful; but became vain in their imaginations, and their foolish heart was darkened. ²²Professing themselves to be wise, they became fools.” This is a parallel passage comparing fools to those who are thankful.

Just as in Col 3:15 “And let the peace of God rule in your hearts, to the which also ye are called in one body; and be thankful.” We are told to be thankful. A lack of thankfulness is a condition of wanting or “wantonness”. That is being unthankful for what you have or have been given. You can't be peaceful without giving thanks.

Conclusion:

An unthankful teammate is a cancer. A negative, sarcastic, “teasing” jokester is not a positive influence. Do you resemble that kind of person? Do you want to be around that kind of person. Start by being thankful each day, each hour. Show your appreciation to your teammates and you will find peace and a unity. Anything else is just foolish, and you are the fool!

Week 12:

Ephesians 5:8-11 For ye were sometimes darkness, but now *are ye* light in the Lord: **walk as children of light:** ⁹(For the fruit of the Spirit *is* in all goodness and righteousness and truth;) ¹⁰**Proving what is acceptable** unto the Lord. ¹¹And have no fellowship with the unfruitful works of darkness, but rather reprove *them*.

Goal: walk as children of light

Ask: “What does this mean to you?”

Definitions:

G4655-skotos-From the base of [G4639](#); *shadiness*, that is, *obscurity* (literally or figuratively):—darkness.

G5457-phōs-From *phaō* (to *shine* or make *manifest*, especially by *rays*; compare [G5316](#) and [G5346](#)); *luminousness* (in the widest application, natural or artificial, abstract or concrete, literal or figurative):—fire, light.

G4043-peripateō-From [G4012](#) and [G3961](#); to *tread* all *around*, that is, *walk* at large (especially as proof of ability); figuratively to *live*, *deport oneself*, *follow* (as a companion or votary):—go, be occupied with, walk (about).

G1381-dokimazō-From [G1384](#); to *test* (literally or figuratively); by implication to *approve*:—allow, discern, examine, X like, (ap-) prove, try.

G2101-euarestos- *agreeable*:—acceptable (-ted), well-pleasing.

G4790-sugkoinōneō-From [G4862](#) and [G2841](#); to *share* in company *with*, that is, *co-participate* in:—communicate (have fellowship) with, be partaker of.

G1651-elegchō-Of uncertain affinity; to *confute*, *admonish*:—convict, convince, tell a fault, rebuke, reprove.

Key points:

There are several contrasts laid out here between: darkness and light; fruitful and unfruitful; and by implication, goodness and badness, truth and untruth and righteousness and unrighteousness, which leads to acceptable and unacceptable. The Greek word “phao” is where we get the word photo which is capturing light on film. To walk as children of light, means we “lamine” others based on how we live (walk). This is acceptable to God. It may not be acceptable to the world, but God said His Son Christ was acceptable (well pleased) because He was the Light of the world.

Conclusion:

Which side of the force field are you on? Do you illuminate others with your light? Or are you fellowshiping with darkness? Is your walk acceptable? What could you do different today to insure you give off more light?

Week 13:

Ephesians 6:1-3 Children, **obey your parents** in the Lord: for this is right. ²**Honor thy father and mother;** (which is the first commandment with promise;) ³That it may be well with thee, and thou may **live long** on the earth.

Goal: Honor thy father and mother;

Ask: “What does this mean to you?”

Definitions:

G5219-hupakouō-From [G5259](#) and [G191](#); to *hear under* (as a *subordinate*), that is, to *listen attentively*; by implication to *heed* or *conform* to a command or authority:—hearken, be obedient to, obey.

G1342-dikaios-From [G1349](#); *equitable* (in character or act); by implication *innocent, holy* (absolutely or relatively):—just, meet, right (-eous).

G5091-timaō-From [G5093](#); to *prize*, that is, *fix a valuation* upon; by implication to *revere*:—honor, value.

G4413-prōtos-Contracted superlative of [G4253](#); *foremost* (in time, place, order or importance):—before, beginning, best, chief (-est), first (of all), former.

Key points:

What is not clear here? The pre-eminent directive from God the Father is that you show your parents that you respect them and revere them for their experience and wisdom. This is only right or equitable because they respected you enough to let you live; feed and cloth you; shelter you. You did not do that on your own. If you follow this simple rule it will lead to a longer life. Said another way; “got respect-got life”.

Conclusion:

What have you done lately that shows that you “honor” or respect and revere your parents? Are you thankful for the sacrifices they made to provide for you and help you get where you are? What can you do today to show them you appreciate their support?

Week 14:

Ephesians 6:11-17 Finally, my brethren, **be strong in the Lord**, and in the power of his might.

¹¹**Put on the whole armor of God** that ye may be able to stand against the wiles of the devil.

¹²For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high *places*. ¹³Wherefore take unto you the whole armor of God that ye may be able to withstand in the evil day, and having done all, to stand. ¹⁴Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; ¹⁵And your feet shod with the preparation of the gospel of peace; ¹⁶Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. ¹⁷And take the helmet of salvation, and the sword of the Spirit, which is the **word of God**:

Goal: Put on the whole armor of God

Ask: “What does this mean to you?”

Definitions:

G1743-endunamoō-From [G1722](#) and [G1412](#); to *empower*:—enable, (increase in) strength (-en), be (make) strong.

G2904-*krat'-os*-Perhaps a primary word; *vigor* [“great”], (literally or figuratively):—dominion, might [-ily], power, strength.

G2479-*ischus*-From a derivative of *force*; compare *eschon*; a form of [G2192](#)); *forcefulness* (literally or figuratively):—ability, might ([-ily]), power, strength.

G3833-*panoplia*-From a compound of [G3956](#) and [G3696](#); *full armor* (“panoply”):—all (whole) armor.

G2476-*histēmi*-A prolonged form of a primary word *στάω* *staō* (of the same meaning, and used for it in certain tenses); to *stand* (transitively or intransitively), used in various applications (literally or figuratively):—abide, appoint, bring, continue, covenant, establish, hold up, lay, present, set (up), stanch, stand (by, forth, still, up). Compare [G5087](#).

G3180-*methodeia*-From a compound of [G3326](#) and [G3593](#) [compare “method”]; *traveling over*, that is, *travesty*, (*trickery*):—wile, lie in wait.

G4189-*ponēria*-From [G4190](#); *depravity*, that is, (specifically) *malice*; plural (concretely) *plots*, *sins*:—iniquity, wickedness.

Key points:

Three times it tells us to “Stand”, to hold our ground. Satan desires to shred you like a roaring lion that is ripping into unsuspecting small game. Satan has devised a plan (wiles) or plot against you and he knows your weaknesses. So protect yourself by using the “Word of God” as a defensive weapon to protect yourself.

Conclusion:

Would you leave for battle without body armor? Knowing you could be eaten alive by a fierce lion, would you leave the camp without some sort of protection? Would you play football without pads? Foolish if you did because you are inviting injury. How do you leave your house each day; prepared for battle?